

REVISED TIMETABLE

SCOTTISH COMBINED LEAGUES

Athletes must arrive as close to their declaration time as possible, compete and then leave the facility as soon as practical at the end of their event.

Track - 13th June

Event No	Declarations		Hurdle Warm up time	Call Up Time	Time	Event	Age Group
Open	Close						
1	09:45	10:15	10:40	10:50	11:00	80m Hurdles	U17W
2	09:55	10:25	10:50	11:00	11:10	100m Hurdles	U17M
3	10:05	10:35	11:00	11:10	11:20	100m Hurdles Ht 1	U20W/SW
					11:25	100m Hurdles Ht 2	U20W/SW
4 + 5	10:20	10:50	11:15	11:25	11:35	110mH Hurdles	U20M/SM
BREAK - 25min							
6	10:45	11:15	-	11:50	12:00	Pool 1 - 100m Ht 1	All Men
	10:50	11:20	-	11:55	12:05	Pool 1 - 100m Ht 2	All Men
	10:55	11:25	-	12:00	12:10	Pool 1 - 100m Ht 3	All Men
	11:00	11:30	-	12:05	12:15	Pool 1 - 100m Ht 4	All Men
	11:05	11:35	-	12:10	12:20	Pool 1 - 100m Ht 5	All Men
BREAK - 15min							
7	11:20	11:50	-	12:25	12:35	Pool 2 - 100m Ht 6	All Men
	11:25	11:55	-	12:30	12:40	Pool 2 - 100m Ht 7	All Men
	11:30	12:00	-	12:35	12:45	Pool 2 - 100m Ht 8	All Men
	11:35	12:05	-	12:40	12:50	Pool 2 - 100m Ht 9	All Men
	11:40	12:10	-	12:45	12:55	Pool 2 - 100m Ht 10	All Men
BREAK - 40min							
8 + 9	12:20	12:50	-	13:25	13:35	Pool 1 - 100m Ht 1	All Women
	12:25	12:55	-	13:30	13:40	Pool 1 - 100m Ht 2	All Women
	12:30	13:00	-	13:35	13:45	Pool 1 - 100m Ht 3	All Women
	12:35	13:05	-	13:40	13:50	Pool 1 - 100m Ht 4	All Women
	12:40	13:10	-	13:45	13:55	Pool 1 - 100m Ht 5	All Women
	12:45	13:15	-	13:50	14:00	Pool 1 - 100m Ht 6	All Women
	12:50	13:20	-	13:55	14:05	Pool 1 - 100m Ht 7	All Women
BREAK - 15min							
10	13:05	13:35	-	14:10	14:20	300m - Ht 1	U17W
	13:13	13:43	-	14:18	14:28	300m - Ht 2	U17W
	13:21	13:51	-	14:26	14:36	300m - Ht 3	U17W
11	13:29	13:59	-	14:34	14:44	400m - Ht 1	U17M
	13:37	14:07	-	14:42	14:52	400m - Ht 2	U17M
	13:45	14:15		14:50	15:00	400m - Ht 3	U17M
BREAK - 15min							
12 + 13	14:00	14:30		15:05	15:15	400m - Ht 1	U20M/SM
	14:08	14:38		15:13	15:23	400m - Ht 2	U20M/SM
	14:16	14:46		15:21	15:31	400m - Ht 3	U20M/SM
	14:24	14:54		15:29	15:39	400m - Ht 4	U20M/SM
	14:32	15:02		15:37	15:47	400m - Ht 5	U20M/SM
14+15	14:40	15:10		15:45	15:55	400m - Ht 1	U20W/SW
	14:48	15:18		15:53	16:03	400m - Ht 2	U20W/SW
	14:56	15:26		16:01	16:11	400m - Ht 3	U20W/SW

Heats will run Fastest to Slowest

Field - 13th June

Event No	Declarations			Call Up Time	Time	Event	Age Group
Open	Close						
16	09:45	10:15		10:50	11:00	High Jump	U17M
17	09:45	10:15		10:50	11:00	Triple Jump - 7m Brd	U17W/U20W/SW
18	09:45	10:15		10:50	11:00	Shot Putt	U20W/SW
19	10:30	11:00		11:35	11:45	Pole Vault	All
20	11:00	11:30		12:05	12:15	Shot Putt	U17W
21	11:00	11:30		12:05	12:15	Triple Jump - 11m/9m	All
22	12:15	12:45		13:20	13:30	High Jump	U17W/U20W/SW
23	12:45	13:15		13:50	14:00	Triple Jump - 13m/11m	All
24	12:45	13:15		13:50	14:00	Shot Putt	U20M/SM
25	14:00	14:30		15:05	15:15	High Jump	U20M/SM
26	14:00	14:30		15:05	15:15	Shot Putt	U17M