

Event 1 Mixed 1500 m LD

Name	Year Team	Finals
Heat 1		
1 Darren Carruthers LD	M Red Star AC	5:17.81

Event 1A Mixed 100 m LD + PD

Name	Year Team	Finals
Heat 1 Wind: 2.9		
1 Connor McQuade T52	M Red Star AC	28.65
2 Shannon Sloan LD	W Forth Valley Flyers	39.23
3 James McDonald LD	M Forth Valley Flyers	48.28

Event 2 Women 100 m LD + PD

Name	Year Team	Finals
Heat 1 Wind: 2.8		
1 Rebekah Proctor LD	Red Star AC	16.67
2 Amy Currie T37/F37	Forth Valley Flyers	17.58
3 Caitlyn RossLD	Forth Valley Flyers	17.67
4 Sophie Carrick PD	Vp-Glasgow AC	17.79
Heat 2 Wind: 2.7		
1 Chloe Slimin Millett PD	Forth Valley Flyers	19.18
2 Mary Fitzsimmons LD	Red Star AC	22.16
3 Freya Fleming T37/F37	Forth Valley Flyers	23.38

Event 3 Mixed 100 m RR

Name	Year Team	Finals
Heat 1 Wind: 3.2		
1 Gavin Drysdale Rr3	M Red Star AC	17.04
2 Hannah Dines Rr3	W Red Star AC	18.60
3 Kayleigh Haggo Rr2	W Red Star AC	18.90
4 Matthew Doig Rr3	M Perth Strath	21.63
5 Harris Menshawi Rr3	M Red Star AC	27.51
6 Lauren Gallagher Rr3	W Red Star AC	27.71
7 Jess Bradley Rr3	W Red Star AC	30.78
Heat 2 Wind: 2.8		
1 Niamh Sandeman RR	W Perth Strath	24.34
2 Wiktorija Mucha RR	W Perth Strath	30.46
3 Craig Dillon Rr1	M Grampian	48.43
4 Zara Rashid RR	W Forth Valley Flyers	1:07.89
5 Calum MacGregor (assisted)	M Perth Strath	1:14.32
6 Sarah Rehman RR	W Forth Valley Flyers	1:49.41

Event 4 Mixed 100 m WC

Name	Year Team	Finals
Heat 1 Wind: 3.3		
1 James Sammon T33	M D&G Wheelchair T	21.53
2 Murran Mackay T54	W Red Star AC	23.38

Event 5 Men 100 m LD + PD

Name	Year Team	Finals
Heat 1 Wind: 4.2		
1 Sean McCormick PD	Vp-Glasgow AC	11.45
2 Nathan Fleetwood T20	Red Star AC	11.59
3 Matthew Power T20	Livingston AC	11.67
4 George Le Hardy T20/F20	Forth Valley Flyers	11.88
5 Alexander Thomson T20	Red Star AC	11.90
6 James Muir LD	Forth Valley Flyers	12.20
7 Liam Nolan T20/F20	Forth Valley Flyers	12.48
8 Robert Ferrol T20	Red Star AC	12.57
Heat 2 Wind: 2.6		
1 Gavin Roberts PD	Vp-Glasgow AC	13.08
2 Ryan Cuzen PD	Vp-Glasgow AC	13.15
3 David Harley LD	Forth Valley Flyers	13.42
4 Gavin Miller LD	Forth Valley Flyers	13.62
5 Kenneth Holderness LD	Forth Valley Flyers	13.98
6 David Mott PD	Vp-Glasgow AC	14.02
7 Niall Finlayson LD	Forth Valley Flyers	14.18
8 Callum Ballantyne LD	Red Star AC	14.30
Heat 3 Wind: 2.1		
1 Stuart Gebbie VI	Red Star AC	13.28
2 Micheal Baillie PD	Vp-Glasgow AC	13.70
3 Lewis McDermid LD	Forth Valley Flyers	14.02
4 Taylor Hiddleton LD	Forth Valley Flyers	14.09
5 Adam Miller LD	Forth Valley Flyers	15.04
Heat 4 Wind: 2.0		
1 David Keegan PD	Vp-Glasgow AC	14.91
2 Gregory Gontor PD	Vp-Glasgow AC	14.91
3 Ryan Flynn LD	Forth Valley Flyers	15.82
4 Craig Devlin PD	Red Star AC	16.94
5 Alan Frew LD	Forth Valley Flyers	17.53
6 Steven Van Beek LD	Red Star AC	17.67
7 David Lapping PD	Vp-Glasgow AC	17.99
Heat 5 Wind: 1.9		
1 James Flethcher LD	Red Star AC	13.54
2 Ben Sinnott PD	Vp-Glasgow AC	17.84
3 Cameron Wilson PD	Perth Strath	18.66
4 Jon Paul MacGregor LD	Forth Valley Flyers	19.32
5 Billy Goodall LD	Red Star AC	20.95
6 Lachlan Howie LD	Perth Strath	22.03
7 Alexander McCarthy LD	Forth Valley Flyers	28.52

Event 6 Mixed 400 m WC + RR

Name	Year Team	Finals
Heat 1		
1 Gavin Drysdale Rr3	M Red Star AC	1:17.53
2 Hannah Dines Rr3	W Red Star AC	1:27.78
3 James Sammon T33	M D&G Wheelchair T	1:32.11
4 Matthew Doig Rr3	M Perth Strath	1:36.00
5 Murran Mackay T54	W Red Star AC	1:41.73
6 Harris Menshawi Rr3	M Red Star AC	1:56.35
Heat 2		
1 Lauren Gallagher Rr3	W Red Star AC	1:56.41
2 Niamh Sandeman RR	W Perth Strath	2:10.99
3 Connor McQuade T52	M Red Star AC	2:12.33
4 Jess Bradley Rr3	W Red Star AC	2:12.96
5 Craig Dillon Rr1	M Grampian	3:16.49

Event 7 Mixed 400 m LD + PD

Name	Year Team	Finals
Heat 1		
1 Robert Ferrol T20	M Red Star AC	56.48
2 Sean McCormick PD	M Vp-Glasgow AC	56.96
3 Stuart Gebbie VI	M Red Star AC	1:05.27
4 Ryan Cuzen PD	M Vp-Glasgow AC	1:06.13
5 Darren Carruthers LD	M Red Star AC	1:07.11
Heat 2		
1 Micheal Baillie PD	M Vp-Glasgow AC	1:15.49
2 Chris O'Grady LD	M Red Star AC	1:21.75
3 David Lapping PD	M Vp-Glasgow AC	1:30.06
4 Cameron Wilson PD	M Perth Strath	1:31.70

Event 12 Boys 4x100 m Relay U15

CBP: C 45.51	2008	Edinburgh AC		
NAT: N 44.40	02/07/2010	South Lanarkshire		
2017: 48.26	22/04/2017	Edinburgh AC		
Team			Finals	Points
Heat 1				
1 Edinburgh AC 'A'			46.00	
1) Toluwal Okpaje 100		2) Alex Poustie-Williamson 1		
3) Imran Hossain		4) Tom Kelly 100		
2 Musselburgh & District AC 'A'			48.17	
1) Evan Griarson		2) James Kibby		
3) Daniel Fennell		4) Brodie Watt		
3 Airdrie Harriers 'A'			51.42	
1) Robbie Anderson		2) Ben Todd		
3) Jamie Mooney		4) Bailey Gallagher		
4 Livingston AC 'A'			52.17	
1) Ross Duncan		2) Angus McDonald		
3) Rhys Ross		4) Logan Campbell		

Event 13 Men 4x100 m Relay U17

CBP: C 42.89	2014	Edinburgh AC		
NAT: N 41.91	16/07/1994	Scottish Schools AA		
2017: 43.93	22/04/2017	Giffnock North AAC		
Team			Finals	Points
Heat 1				
1 Vp-Glasgow AC 'A'			44.72	
1) Sol Stewart		2) Ross Whitelaw		
3) Sean McGraw		4) Jamie Stevenson		
2 Fife AC 'A'			44.80	
1) Scott Christie		2) Cameron Marshall		
3) Hana Akuoko		4) Jamie Reid		
3 Edinburgh AC 'A'			46.01	
1) Calum Holmes		2) Callum Newby		
3) Fraser Hutchon		4) Oskar Triffit		
4 Giffnock North Aac 'A'			47.47	
1) Jake Vulcan 100		2) Finlay Waugh		
3) Murray Fotheringham 100		4) Nathan McNee 100		

Event 14 Women 4x100 m Relay U17

CBP: C 47.25 1995		Motherwell AC		Finals	Points
Team					
1	Central AC 'A'			49.81	
	1) Elizabeth Thompson	2)	Katie Sharkey		
	3) Lucy More	4)	Shona McLay		
2	Giffnock North Aac 'A'			50.94	
	1) Carly Miller	2)	Rachel Callan		
	3) Rosie McKay	4)	Katie Poss		
3	Pitreavie Aac 'A'			51.36	
	1) Aimee Paul	2)	Sarah Duff		
	3) Sinead Steel	4)	isla Steel		
4	Vp-Glasgow AC 'A'			51.42	
	1) Nikki Li	2)	Emily Currigan		
	3) Iona Paget	4)	Rachel hunter		
5	Lasswade Aac 'A'			51.56	
	1) Abbie Malinowski	2)	Elena Clark		
	3) Lauren Meikle	4)	Mia Downie		
6	Livingston AC 'A'			52.39	
	1) Rebecca Calder 100	2)	Emmie Meechan 100		
	3) Katie Craig 100	4)	Iona McDonald 100		

Event 15 Women 4x100 m Relay Senior

CBP: C 47.00 1970		Edinburgh Southern		Finals	Points
Team					
1	Team East Lothian 'A'			48.64	
	1) Kerry Morris	2)	Tarryn Wood		
	3) Beth Howard	4)	Katie Johnstone		
2	Giffnock North Aac 'A'			50.46	
	1) Erin Campbell	2)	Niamh Grahame		
	3) Holly Shearer	4)	Rhea Campbell		
3	Pitreavie Aac 'A'			51.08	
	1) Rachel Thomson	2)	Sophie Siriwardena		
	3) Bethany McAndrew	4)	Eve Huxley		

Event 16 Girls 4x100 m Relay U13

CBP: C 53.46 2014		Central AC		
Team			Finals	Points
1 Giffnock North Aac 'A'			58.09	
1) Josie Reilly		2) Angelica Mayer		
3) Kate Seenan		4) Emily Watson		
2 Team East Lothian 'A'			58.13	
1) Katie Alexander		2) Gemma Walkingshaw		
3) Olivia Robbins		4) Lucy Thomson		
3 Dundee Hawkhill Harriers 'B'			58.34	
1) Cora McMaster		2) Grace Cook		
3) Issy Passway		4) Hazel Will		
4 Central AC 'A'			59.89	
1) Marissa Welsh		2) Emily Guest		
3) Alice Cameron		4) Danielle Abel		
5 Dunfermline Track & Field Club 'A'			1:00.15	
1) Katie Marshall		2) Ellie Candlish		
3) Kirsten Penman		4) Shayna Asamoah		
6 Livingston AC 'A'			1:00.23	
1) Megan Forrester		2) Roxanne Hardie		
3) Lucy Boules		4) Maia Campbell		
7 Giffnock North Aac 'B'			1:01.65	
1) Erin McKay		2) Natasha Tallen		
3) Eliza Turner		4) Emma Gilmour		

Event 17 Boys 4x100 m Relay U13

CBP: C 52.44 2006		Lasswade		
NAT: N 52.03 04/09/2011		Edinburgh AC		
2017: 57.41 22/04/2017		Giffnock North AAC		
Team			Finals	Points
1 Giffnock North Aac 'A'			53.89	
1) Ryan Davie		2) Daniel Martin		
3) Craig Shennan		4) Josh Thielan-Mann		
2 Lasswade Aac 'A'			54.16	
1) Max Sharman		2) Petter Tye		
3) Alasdair Brown		4) Shane Majekodunmi		
3 Team East Lothian 'A'			55.78	
1) Tom Kelman		2) Finn Middleton		
3) Aidan Page		4) Max Evans		
4 Dundee Hawkhill Harriers 'A'			56.04	
1) Daniel Martin		2) Chinedu Akunna		
3) Joel Faccenda		4) Lucas Goff		
5 Dunfermline Track & Field Club 'A'			56.74	
1) Brook Ferguson		2) Oliver Morrison		
3) Cameron King		4) Adom Akuoko		
6 Dundee Hawkhill Harriers 'B'			59.42	
1) Ryan Ferrier		2) Fraser Passway		
3) Kieran Simpson		4) James McLeod		

Event 18 Men 4x100 m Relay Senior

CBP: C 41.84 1992 Caledon Park
 NAT: N 40.19 20/08/1998 Edinburgh Southern H
 NAT: N 39.24 12/08/1978 SCOTLAND
 2017: 44.40 22/04/2017 Pitreavie AAC

Team	Finals	Points
1 Giffnock North Aac 'A'	43.46	
1) Andy Moses	2) Calum McWilliams	
3) Russel Lawson	4) Kyle Mclean	
2 Corstorphine Aac 'A'	44.02	
1) Tom Hunt	2) Ryan Kyle	
3) Cole Milne	4) Ewan Stewart	
3 Pitreavie Aac 'A'	44.48	
1) Harry Johnston	2) Craig Moriarty	
3) Cameron Sinclair	4) Taylor Roy	
4 Livingston AC 'A'	45.91	
1) Matthew Power	2) David Threfall	
3) Richard Arthurs	4) Ewan Ballantyne	
5 Motherwell AC 'A'	46.26	
1) Joseph McCluskey	2) Grant Crichton	
3) Adam Laird	4) Alan Robertson	
6 Corstorphine Aac 'B'	46.76	
1) Scott MacKay	2) Jacob Scott	
3) Elliot MacKay	4) Sam Cavens	

Event 19 Girls 4x100 m Relay U15

CBP: C 49.30 1990 Glasgow AC

Team	Finals	Points
1 Fife AC 'A'	51.92	
1) Emily Stratton	2) Erin Cuningham	
3) Ama Afrifa	4) Layla Zuill	
2 Vp-Glasgow AC 'A'	52.39	
1) Emma Williams	2) Skye Turner	
3) Nicola Waite	4) Evie Greig	
3 Team East Lothian 'A'	52.75	
1) Joanne Welch	2) Laura Buchan	
3) Marcia Callendar	4) Lily Middleton	
4 Team East Lothian 'B'	57.48	
1) Megan Cummings	2) Esme Slifer	
3) Erin Hall	4) Evie Welch	

Event 20 Mixed 200 m WC + RR

Name	Year Team	Finals
Heat 1 Wind: 1.7		
1 Matthew Doig Rr3	M Perth Strath	44.98
2 Murran Mackay T54	W Red Star AC	45.25
3 Lauren Gallagher Rr3	W Red Star AC	54.71
4 Harris Menshawi Rr3	M Red Star AC	55.60
5 Connor McQuade T52	M Red Star AC	1:00.64
Heat 2 Wind: 3.4		
1 James Sammon T33	M D&G Wheelchair T	42.58
2 Niamh Sandeman RR	W Perth Strath	59.48
3 Jess Bradley Rr3	W Red Star AC	1:07.09
4 Wiktorija Mucha RR	W Perth Strath	1:13.25
5 Craig Dillon Rr1	M Grampian	1:39.40

Event 21 Men 200 m LD + PD

Name	Year Team	Finals
Heat 1 Wind: NWI		
1 Sean McCormick PD	Vp-Glasgow AC	23.87
1 Nathan Fleetwood T20	Red Star AC	23.87
3 George Le Hardy T20/F20	Forth Valley Flyers	23.95
4 Matthew Power T20	Livingston AC	24.08
5 James Muir LD	Forth Valley Flyers	25.67
6 Gavin Roberts PD	Vp-Glasgow AC	28.35
7 David Harley LD	Forth Valley Flyers	28.54
Heat 2 Wind: NWI		
1 Ryan Cuzen PD	Vp-Glasgow AC	27.24
2 Gavin Miller LD	Forth Valley Flyers	27.42
3 David Mott PD	Vp-Glasgow AC	28.94
4 Callum Ballantyne LD	Red Star AC	29.16
5 Niall Finlayson LD	Forth Valley Flyers	29.18
Heat 3 Wind: NWI		
1 Lewis McDermid LD	Forth Valley Flyers	29.47
2 Darren Carruthers LD	Red Star AC	29.48
3 Taylor Hiddleton LD	Forth Valley Flyers	30.30
4 Micheal Baillie PD	Vp-Glasgow AC	30.72
5 David Keegan PD	Vp-Glasgow AC	33.75
6 Mark Lumsden LD	Forth Valley Flyers	34.37
7 Gregory Gontor PD	Vp-Glasgow AC	34.72
Heat 4 Wind: 4.7		
1 James Flethcher LD	Red Star AC	29.35
2 Kenneth Holderness LD	Forth Valley Flyers	31.11
3 Craig Devlin PD	Red Star AC	35.26
4 Steven Van Beek LD	Red Star AC	37.92
5 Ben Sinnott PD	Vp-Glasgow AC	40.20
6 Cameron Wilson PD	Perth Strath	41.06
7 David Lapping PD	Vp-Glasgow AC	41.49
8 Lachlan Howie LD	Perth Strath	49.63

Event 22 Women 200 m LD + PD

Name	Year Team	Finals
Heat 1 Wind: 2.7		
1 Rebekah Proctor LD	Red Star AC	34.93
2 Amy Currie T37/F37	Forth Valley Flyers	38.25
Heat 2 Wind: -0.1		
1 Sophie Carrick PD	Vp-Glasgow AC	41.52
2 Freya Fleming T37/F37	Forth Valley Flyers	49.27

Event 23 Mixed 50 m RR

Name	Year Team	Finals
Heat 1 Wind: NWI		
1 Niamh Sandeman RR	W Perth Strath	13.78
2 Wiktoria Mucha RR	W Perth Strath	17.73
3 Zara Rashid RR	W Forth Valley Flyers	32.41
4 Calum MacGregor (assisted)	M Perth Strath	38.50
5 Sarah Rehman RR	W Forth Valley Flyers	57.61

Event 24 Mixed 50 m LD

Name	Year Team	Finals
1 Mary Fitzsimmons LD	W Red Star AC	11.58
2 Ellen Wotherspoon LD	W Forth Valley Flyers	15.71

Event 25 Men 4x400 m Relay Senior

CBP: C 3:15.30 1979 Edinburgh AC
 NAT: N 3:08.93 06/09/1975 Edinburgh AC
 NAT: N 3:03.94 01/08/2014 SCOTLAND

Team	Finals	Points
Heat 1		
1 Falkirk Victoria Harriers 'A'	3:20.74	
1) Fergus Rule	2) Ben Grant	
3) Harris Pentecost	4) Grant Plenderleith	
2 Inverclyde AC 'A'	3:24.50	
1) Scott McCluckie	2) Scott Hannaway	
3) Mark McLachlan	4) Mark Holliman	
3 Dundee Hawkhill Harriers 'A'	3:32.55	
1) Kristofer Hernandez	2) Callum Letham	
3) Aidan Simpson	4) Callum McCormack	
4 Falkirk Victoria Harriers 'B'	3:33.23	
1) Jack McCleneghen	2) Mitch Graham	
3) Lewis Pentecost	4) Taylor Nimmo	
5 Falkirk Victoria Harriers 'C'	3:47.45	
1) Euan McCallum	2) Baillie McRoberts	
3) George Le Hardy	4) Liam Nolan	
-- Pitreavie Aac 'A'	DNF	
1) Taylor Roy 400	2) Ben Knowles	
3) Alistair Moriarty	4) Craig Moriarty 400	

Event 26 Mixed 4x400 m Relay U17M/SW

CBP: C 3:44.90 1979 1981 Pitreavie AAC
 CBP: C 3:24.86 2007 VP Glasgow U17M

Team	Finals
1 Edinburgh AC 'A'	3:44.49C M
1) Callum Newby 400	2) Calum Holmes 400
3) Fraser Hutchon 400	4) Tom Ireland
2 Giffnock North Aac 'A'	4:00.71 M
1) Murray Fotheringham	2) Donald MacLean
3) Nathan McNeer	4) Jake Vulcan
3 Dundee Hawkhill Harriers 'A'	4:17.11 F
1) Sophie Kidd	2) Kirsty Reynolds
3) Phoebe Moncur	4) Eilidh Reynolds
4 Livingston AC 'B'	4:47.68 F
1) Hannah Marks	2) Abby Duncan
3) eilidh McFadden	4) Nicole Kinghorn

Event 27 Women 4x300 m Relay U17

CBP: C 2:47.69 2017 Giffnock North

Team	Finals	Points
1 Edinburgh AC 'A'	2:46.95C	
1) Katie Reville	2) Abigail Davison	
3) Niamh Edgar	4) Isla Innes	
2 Giffnock North Aac 'A'	2:49.35	
1) Rachel Callan 300	2) Eva Blues	
3) Orla Lang	4) Katie Foss	
3 Pitreavie Aac 'A'	2:58.94	
1) Skye Marshall	2) Lynn Harvey	
3) Jemma Jamieson	4) Jennifer Brydon	

Event 28 Mixed 4x300 m Relay U15

CBP: C 2:42.14 2016 Dunfermline U15B
 CBP: C 2:49.40 2016 Central AC U15G

Team	Finals	Points
1 Edinburgh AC 'A' 1) Rob Henderson 3) Tom Kelly	2) Toluwal Okapage 4) Alex Poustie-Williamson	2:38.72C M
2 Musselburgh & District AC 'A' 1) Euan Grierson 3) Daniel Fennel	2) James_ Kibby 4) Brodie_ Watt	2:46.46C M
3 Airdrie Harriers 'A' 1) Robbie Anderson 300 3) Bailey Gallagher 300	2) Jamie Mooney 300 4) Ben Todd 300	2:52.03 M
4 Edinburgh AC 'A' 1) Esther Watson 3) marissa MacLean	2) Anise MacCaulay 4) Katie Johnson	2:58.69 F
5 Giffnock North Aac 'A' 1) Isla Scott 3) Lauren Agnew	2) Brooke Moran 4) 348 MacConnell	3:06.60 F
6 Team East Lothian 'A' 1) Evie Welsh 3) Erin Hall 300	2) Esme Slifer 300 4) Lily Middleton 300	3:14.04 F

Event 29 Mixed 800 m WC + RR

Name	Year Team	Finals
1 James Sammon T33	M D&G Wheelchair T	2:56.64
2 Murran Mackay T54	W Red Star AC	3:38.97
3 Matthew Doig Rr3	M Perth Strath	3:45.71
4 Harris Menshawi Rr3	M Red Star AC	4:22.15
5 Lauren Gallagher Rr3	W Red Star AC	4:39.97
6 Jess Bradley Rr3	W Red Star AC	5:41.08

Event 30 Mixed 800 m LD

Name	Year Team	Finals
1 Alexander Thomson T20	M Red Star AC	2:16.90
2 Callum Ballantyne LD	M Red Star AC	2:56.88
3 Chris O'Grady LD	M Red Star AC	3:11.18
4 Bruce Anderson LD	M Forth Valley Flyers	4:45.33

Event 31 Men Long Jump

Name	Year Team	Finals	Wind
Pool 1			
1 Steven Stone T20/F20	Forth Valley Flyers	5.83m	NWI
5.35m(NWI) 5.83m(NWI) 5.67m(NWI) 5.43m(NWI)			
2 Alexander Thomson T20	Red Star AC	5.12m	NWI
5.12m(NWI) 4.60m(NWI) 5.08m(NWI) 4.66m(NWI)			
3 Matthew Power T20	Livingston AC	5.07m	NWI
4.69m(NWI) 4.75m(NWI) 5.07m(NWI) 3.75m(NWI)			
4 Liam Nolan T20/F20	Forth Valley Flyers	4.45m	NWI
4.34m(NWI) 4.37m(NWI) 4.37m(NWI) 4.45m(NWI)			
5 Gavin Roberts PD	Vp-Glasgow AC	4.44m	NWI
4.39m(NWI) 3.88m(NWI) 4.44m(NWI) 4.31m(NWI)			
6 David Mott PD	Vp-Glasgow AC	4.17m	NWI
3.63m(NWI) 3.72m(NWI) 3.82m(NWI) 4.17m(NWI)			
7 David Keegan PD	Vp-Glasgow AC	3.83m	NWI
3.36m(NWI) 3.30m(NWI) 3.83m(NWI) FOUL			
8 Lewis McDermid LD	Forth Valley Flyers	3.78m	NWI
3.71m(NWI) 3.63m(NWI) 3.78m(NWI) FOUL			
8 David Harley LD	Forth Valley Flyers	3.78m	NWI
3.62m(NWI) 3.78m(NWI) 3.64m(NWI) 3.55m(NWI)			
10 Adam Miller LD	Forth Valley Flyers	3.32m	NWI
3.12m(NWI) 3.32m(NWI) 3.04m(NWI) 3.01m(NWI)			
11 Gregory Gontor PD	Vp-Glasgow AC	3.12m	NWI
2.63m(NWI) 3.12m(NWI) 2.77m(NWI) FOUL			
12 Bruce Anderson LD	Forth Valley Flyers	2.53m	NWI
2.31m(NWI) 2.28m(NWI) 2.39m(NWI) 2.53m(NWI)			
13 Cameron Wilson PD	Perth Strath	2.09m	NWI
1.99m(NWI) 1.89m(NWI) 2.09m(NWI) 1.92m(NWI)			
14 Lachlan Howie LD	Perth Strath	1.56m	NWI
FOUL 1.38m(NWI) 1.56m(NWI) 1.32m(NWI)			

Event 32 Mixed Shot Put Shot 4kg

Name	Year Team	Finals
1 Caitlyn Ross LD	W Forth Valley Flyers	8.00m
7.96m 8.00m 7.93m		
2 Taylor Hiddleton LD	M Forth Valley Flyers	6.85m
5.56m FOUL 6.85m		
3 David Noble LD	M Perth Strath	6.18m
5.78m 6.18m 6.18m		
4 Craig Devlin PD	M Red Star AC	6.10m
6.10m FOUL 4.10m		
5 Laura Kinder T20	W Red Star AC	5.91m
5.91m 5.90m 5.55m		
6 Joe McNee LD	M Red Star AC	5.73m
5.73m 5.52m 5.14m		
7 Geraldine Fitzsimmons LD	W Red Star AC	5.54m
5.36m 5.40m 5.54m		
8 Adam Miller LD	M Forth Valley Flyers	5.46m
5.34m 5.46m 5.35m		
9 Carol Hughes LD	W Red Star AC	5.36m
5.16m 5.36m 5.36m		
10 Rebekah Proctor LD	W Red Star AC	3.14m
3.14m 2.77m 3.04m		

Event 33 Mixed Discus

Name	Year Team	Finals
1 Steven Stone T20/F20	M Forth Valley Flyers	24.10m 1.75kg
22.67m 24.10m 22.57m 21.53m		
2 Mark Lumsden LD	M Forth Valley Flyers	22.10m 2kg
20.75m 22.10m FOUL 21.68m		
3 Liam Nolan T20/F20	M Forth Valley Flyers	20.65m 2kg
18.86m 20.65m 19.97m 20.59m		
4 Alexander Thomson T20	M Red Star AC	20.02m 1.75kg
18.75m FOUL FOUL 20.02m		
5 Caitlyn RossLD	W Forth Valley Flyers	19.41m 1kg
18.29m 17.50m FOUL 19.41m		
6 Laura Kinder T20	W Red Star AC	17.04m 1kg
17.04m 13.82m 13.71m 14.36m		
7 David Noble LD	M Perth Strath	14.48m 1.25kg
14.48m 12.00m 12.16m 13.50m		
8 Geraldine Fitzsimmons LD	W Red Star AC	12.00m 1kg
11.70m 11.81m 12.00m 11.57m		

Event 34 Mixed Shot Put Shot 3kg

Name	Year Team	Finals
1 Chloe Slimin Millett PD	W Forth Valley Flyers	4.40m
4.34m 4.39m 4.40m		

Event 35 Women Long Jump

Name	Year Team	Finals	Wind
1 Amy Currie T37/F37	Forth Valley Flyers	2.61m	NWI
2.57m(NWI) 2.61m(NWI) 2.37m(NWI) 2.60m(NWI)			
2 Sophie Carrick PD	Vp-Glasgow AC	2.53m	NWI
FOUL 2.28m(NWI) 2.22m(NWI) 2.53m(NWI)			

Event 36 Mixed Discus Seated

Name	Year Team	Finals
1 Matthew Craig F57	M Forth Valley Flyers	18.97m 1kg
15.67m 17.35m 18.03m 18.97m 18.84m 18.50m		
2 Graham Condie F32	M Red Star AC	14.37m 1kg
12.75m 13.38m 14.37m 13.20m 12.48m 13.90m		
3 Lizzie Jackson PD	W Forth Valley Flyers	8.40m 1kg
7.93m 7.21m 6.56m 7.44m 7.84m 8.40m		

Event 37 Mixed Other Club

Name	Year Team	Finals
1 Graham Condie F32	M Red Star AC	21.18m
19.50m 20.29m 21.18m 15.48m 19.57m 19.65m		

Event 38 Mixed Long Jump Standing

Name	Year Team	Finals	Wind
1 Ryan Flynn LD	M Forth Valley Flyers	1.81m	NWI
1.75m(NWI) 1.69m(NWI) 1.81m(NWI) 1.68m(NWI)			
2 Jon Paul MacGregor LD	M Forth Valley Flyers	1.29m	NWI
1.29m(NWI) 1.26m(NWI) 1.19m(NWI) 1.29m(NWI)			
3 Billy Goodall LD	M Red Star AC	1.13m	NWI
0.90m(NWI) 1.07m(NWI) 1.13m(NWI) 1.08m(NWI)			
4 Freya Fleming T37/F37	W Forth Valley Flyers	0.90m	NWI
0.86m(NWI) 0.90m(NWI) 0.59m(NWI) 0.80m(NWI)			
5 Alexander McCarthy LD	M Forth Valley Flyers	0.87m	NWI
0.23m(NWI) 0.70m(NWI) 0.55m(NWI) 0.87m(NWI)			
6 Ellen Wotherspoon LD	W Forth Valley Flyers	0.58m	NWI
0.58m(NWI) 0.26m(NWI) 0.43m(NWI) 0.45m(NWI)			

Event 39 Men Shot Put Shot 5kg

Name	Year Team	Finals
1 Sean McCormick PD	Vp-Glasgow AC	10.42m
9.65m 9.70m 10.42m		
2 David Harley LD	Forth Valley Flyers	6.10m
5.60m 6.10m 5.82m		
3 Callum Ballantyne LD	Red Star AC	6.09m
6.09m 5.54m 6.02m		
4 Niall Finlayson LD	Forth Valley Flyers	5.89m
5.59m 5.53m 5.89m		
5 Kenneth Holderness LD	Forth Valley Flyers	4.91m
4.89m 4.65m 4.91m		
6 David Frew LD	Forth Valley Flyers	4.64m
3.99m 4.64m 4.36m		
7 Bruce Anderson LD	Forth Valley Flyers	4.51m
FOUL 4.26m 4.51m		
8 Alan Frew LD	Forth Valley Flyers	3.75m
3.23m 3.40m 3.75m		

Event 40 Mixed Javelin Seated

Name	Year Team	Finals
1 Matthew Craig F57	M Forth Valley Flyers	16.93m 600g
14.96m 14.00m 14.26m 15.03m 15.61m 16.93m		
2 Lizzie Jackson PD	W Forth Valley Flyers	7.57m 600g
6.40m FOUL 7.16m 6.18m 7.57m 6.03m		

Event 40 Mixed Shot Put Seated

Name	Year Team	Finals
1 Matthew Craig F57	M Forth Valley Flyers	5.51m 4kg
5.19m 4.69m 5.45m 5.51m 5.31m 5.35m		
2 Lizzie Jackson PD	W Forth Valley Flyers	4.47m 3kg
3.51m 3.82m 3.65m 4.06m 3.84m 4.47m		

Event 41 Women Other Softball / BBag

Name	Year	Team	Finals
1 Amy Currie	T37/F37	Forth Valley Flyers	13.20m
	13.20m 6.85m 9.85m		
2 Shannon Sloan	LD	Forth Valley Flyers	12.52m
	8.83m 11.27m 12.52m		
3 Freya Fleming	T37/F37	Forth Valley Flyers	12.08m
	8.44m 12.08m 11.97m		
4 Mary Fitzsimmons	LD	Red Star AC	11.72m
	11.72m 11.61m 11.68m		
5 Wiktorija Mucha	RR	Perth Strath	5.14m
	4.99m 5.14m 4.75m		
6 Ellen Wotherspoon	LD	Forth Valley Flyers	4.65m
	4.21m 3.63m 4.65m		
7 Zara Rashid	RR	Forth Valley Flyers	3.81m
	2.51m 3.66m 3.81m		
8 Sarah Rehman	RR	Forth Valley Flyers	1.65m
	1.65m 1.55m 1.65m		

Event 42 Women Javelin

Name	Year	Team	Finals
1 Caitlyn Ross	LD	Forth Valley Flyers	13.84m 600g
	13.20m 13.84m 12.94m 12.97m		
2 Carol Hughes	LD	Red Star AC	13.25m 600g
	9.74m 10.94m 11.44m 13.25m		
3 Sophie Carrick	PD	Vp-Glasgow AC	13.13m 500g
	10.49m 8.51m 11.45m 13.13m		
4 Geraldine Fitzsimmons	LD	Red Star AC	12.06m 600g
	11.57m 10.38m 9.88m 12.06m		
5 Chloe Slimin Millett	PD	Forth Valley Flyers	9.87m 500g
	FOUL 9.87m 6.51m 6.73m		

Event 43 Men Shot Put 6kg

Name	Year	Team	Finals
1 Steven Stone	T20/F20	Forth Valley Flyers	9.58m
	9.45m 9.10m 9.58m		
2 Gavin Miller	LD	Forth Valley Flyers	8.49m
	7.62m 8.19m 8.49m		
3 Mark Lumsden	LD	Forth Valley Flyers	8.33m
	8.20m 8.33m 7.54m		

Event 43 Men Shot Put 7.26kg

Name	Year	Team	Finals
1 Liam Nolan	T20/F20	Forth Valley Flyers	8.31m
	7.90m 8.22m 8.31m		

Event 44 Women Javelin Turbo 300g

Name	Year	Team	Finals
1 Ellen Wotherspoon	LD	Forth Valley Flyers	3.25m
	1.71m 1.90m 3.25m		

Event 44 Men Javelin Turbo 400g

Name	Year	Team	Finals
1 Niall Finlayson LD		Forth Valley Flyers	9.57m
9.57m 9.40m 9.55m			
2 Ryan Flynn LD		Forth Valley Flyers	8.80m
8.80m 7.92m 8.66m			
3 Jon Paul MacGregor LD		Forth Valley Flyers	5.08m
4.85m 3.95m 5.08m			
4 Alexander McCarthy LD		Forth Valley Flyers	4.72m
4.02m 4.72m 4.50m			
5 Lachlan Howie LD		Perth Strath	4.63m
4.05m 4.27m 4.63m			

Event 45 Men Javelin

Name	Year	Team	Finals
1 Alexander Thomson T20		Red Star AC	21.89m 800g
21.89m FOUL FOUL FOUL			
2 Lewis McDerimid LD		Forth Valley Flyers	21.40m 700g
21.40m 15.97m FOUL 19.98m			
3 Taylor Hiddleton LD		Forth Valley Flyers	19.74m 800g
17.91m 14.98m 15.06m 19.74m			
4 Mark Lumsden LD		Forth Valley Flyers	19.65m 800g
18.36m 18.14m 18.91m 19.65m			
5 Gavin Miller LD		Forth Valley Flyers	18.71m 700g
17.81m 16.63m 18.24m 18.71m			
6 Darren Carruthers LD		Red Star AC	16.97m 700g
16.92m FOUL 16.15m 16.97m			
7 David Noble LD		Perth Strath	15.55m 800g
13.49m 12.87m 13.18m 15.55m			
8 Adam Miller LD		Forth Valley Flyers	14.85m 600g
12.99m 10.45m 14.85m 13.38m			
9 Gavin Roberts PD		Vp-Glasgow AC	13.37m 800g
8.17m 13.37m 11.55m 12.35m			

Event 46 Men Other Softball Softball / BBag

Name	Year	Team	Finals
1 Steven Van Beek LD		Red Star AC	23.93m
22.97m 20.93m 23.93m			
2 Joe McNee LD		Red Star AC	20.12m
17.07m 20.12m 17.65m			
3 Ryan Flynn LD		Forth Valley Flyers	18.11m
14.89m 16.81m 18.11m			
4 David Lapping PD		Vp-Glasgow AC	15.74m
10.06m 14.35m 15.74m			
5 Billy Goodall LD		Red Star AC	14.79m
13.85m 14.79m 14.59m			
6 Micheal Baillie PD		Vp-Glasgow AC	13.51m
13.51m 12.42m 10.79m			
7 Jon Paul MacGregor LD		Forth Valley Flyers	10.56m
5.27m 10.56m 10.06m			
8 Alexander McCarthy LD		Forth Valley Flyers	10.12m
9.73m 7.81m 10.12m			
9 James McDonald LD		Forth Valley Flyers	9.44m
8.35m 9.44m 8.08m			
10 Calum MacGregor (assisted)		Perth Strath	1.71m
1.62m 1.71m 1.65m			