

Table 1

<b>UNDER 11 BOYS</b>	26/04 Helix Park	13/09 Helix Park	20/09 C/nauld 1k/3k/ 10k	26/09 Keswick 5K Run	03 and 04/10 Great Scottish Run	<b>UNDER 11 GIRLS</b>	26/04 Helix Park	13/09 Helix Park	20/09 C/nauld 1k/3k/ 10k	26/09 Keswick 5K Run	03 and 04/10 Great Scottish Run
Craig LITTLE	20										
Jude NEVILLE	15										
Calum HENDRY	12										
Sam BLOOMFIELD	10										
Max MCCAFFERTY	9										
Owen CHRISTIE	8										
Ethan CUNNINGHAM	7										
<b>UNDER 13 BOYS</b>						<b>UNDER 13 GIRLS</b>					
Alasdair MCMONAGLE	20					Hannah WALLACE	20				
Calum PETTIGREW-SMITH	15					Aimie HENDRY	15				
Euan STIRLING	12					Hannah SLEIGH	12				
Ethan SLEIGH	10					Sophie MILLER	10				
<b>UNDER 15 BOYS</b>						<b>UNDER 15 GIRLS</b>					
Jacob BROWN	20					Emily MILLER	20				
<b>UNDER 17 BOYS</b>						<b>UNDER 17 GIRLS</b>					
<b>UNDER 20 / SENIOR MEN</b>						<b>UNDER 20 / SENIOR WOMEN</b>					

1st Cumbernauld athlete = 20 points, 2nd = 15, 3rd=12, 4th=10, 5th=9, 6th=8, 7th=7, 8th=6, 9th=5,10th=4,11th=3,12th=2, 13th=1. Points are awarded for each race, with an athletes best 3 performances counting.i.e the most points which any athlete can accrue would be 60 points (i.e. 3 races where he/she finished first Cumbernauld athlete.) At the end of the championship, in the event that 2 or more athletes are tied on points, the performances at the Great Scottish Run / Junior Run will be used as a decider. If this proves inconclusive, accumulative times in head to head races will be utilised. Under 11- under 15s therefore have 4 races where they can compete, with their best 3 performances counting. under 17s / seniors have 3 races, with results in all 3 races counting. \*\*\*\*Helix Park Runs only open to under 16 yrs and therefore counting races for under 11,13,15 age groups only.\*\*\*\*\*Keswick Park Run - non scoring event for under 11/13/15s although still able to participate\*\*\*\*